

# West Palmdale Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (SPARRING)
Children (Ages 5-12)	<b>Yellow - Purple</b> 4:00 - 4:40	<b>White</b> 4:00 - 4:40	<b>Yellow - Purple</b> 4:00 - 4:40	<b>White</b> 4:00 - 4:40	<b>Beginners</b> 4:00 - 4:40
Children (Ages 5-12)	<b>Green - Blue</b> 4:40 - 5:20	<b>Yellow - Purple</b> 4:40 - 5:20	<b>Green - Blue</b> 4:40 - 5:20	<b>Yellow - Purple</b> 4:40 - 5:20	<b>All Belts</b> 4:40 - 5:20
Children (Ages 5-12)	<b>Brown - Danbo</b> 5:20 - 6:00	<b>Green - Blue</b> 5:20 - 6:00	<b>Brown - Danbo</b> 5:20 - 6:00	<b>Green - Blue</b> 5:20 - 6:00	<b>All Belts</b> 5:20 - 6:00
Children (Ages 5-12)	<b>White</b> 6:00 - 6:40	<b>Brown - Danbo</b> 6:00 - 6:40	<b>White</b> 6:00 - 6:40	<b>Brown - Danbo</b> 6:00 - 6:40	<b>Demo Team</b> 6:00 - 6:40
All Ages	<b>Black Belts</b> 6:40 - 7:30	<b>All Belts</b> 6:40 - 7:25	<b>Black Belts</b> 6:40 - 7:30	<b>All Belts</b> 6:40 - 7:25	<b>Advanced</b> 6:40 - 7:20
Adults (Ages 13+)	<b>All Belts</b> 7:30 - 8:15	<b>Black Belts</b> 7:25 - 8:15	<b>All Belts</b> 7:30 - 8:15	<b>Black Belts</b> 7:25 - 8:15	<b>All Belts</b> 7:20 - 8:00

[Download Printable West Palmdale Class Schedule \(PDF\)](#)

\* As of March 1, 2016.